

October 2013

Sun	Mon	Tues	Wed	Thu	Fri	Sa
		1	2	3	4	
	Zumba 5:30am	Bands 5:30am	Zumba 5:30am	Bands 5:30am		
		Bands 5:45pm	Yoga 9&10:45am	Bands 5:45 pm	Zumba 5:30am	
	Bootcamp 5:45p	Zumba 6:45pm		Yoga 6pm		
			BootCamp 6pm	Zumba 6:45 pm		
6	7	8	9	10	11	
	Zumba 5:30am	Bands 5:30am	Zumba 5:30am	Bands 5:30am		
		Bands 5:45pm	Yoga 9&10:45am	Bands 5:45 pm	Zumba 5:30am	
	Bootcamp 5:45p	Zumba 6:45pm		Yoga 6pm		
			BootCamp 6pm	Zumba 6:45 pm		
13	14	15	16	17	18	
	Zumba 5:30am	Bands 5:30am	Zumba 5:30am	Bands 5:30am		
		Bands 5:45pm	Yoga 9&10:45am	Bands 5:45 pm	Zumba 5:30am	
	Bootcamp 5:45p	Zumba 6:45pm		Yoga 6pm		
			BootCamp 6pm	Zumba 6:45 pm		
20	21	22	23	24	25	
	Zumba 5:30am	Bands 5:30am	Zumba 5:30am	Bands 5:30am		
		Bands 5:45pm	Yoga 9&10:45am	Bands 5:45 pm	Zumba 5:30am	
	Bootcamp 5:45p	Zumba 6:45pm		Yoga 6pm		
			BootCamp 6pm	Zumba 6:45 pm		
27	28	29	30	31		
	Zumba 5:30am	Bands 5:30am	Zumba 5:30am	Bands 5:30am		
		Bands 5:45pm	Yoga 9&10:45am	Bands 5:45 pm		
	Bootcamp 5:45p	Zumba 6:45pm		Yoga 6pm		
			BootCamp 6pm	Zumba 6:45 pm		